



# Speaking of Death...

*Conversations about end of life well before death.*

**Takes place on the first Wednesday of each month:  
6:30 pm - 7:30 pm at Caffe Fantastico! Quadra Village**

**What is a “Good Death?” | January 8**

**How to Plan a Funeral | February 5**

**Body Disposition/ Green Burial Options | March 5**

**Concerns for Single Seniors | April 2**

**The Benefits of Downsizing | May 7**

**Talking about Death in our Death Phobic Culture | June 4**

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*This event is not appropriate for those who are  
managing grief-related issues.*

This is a free event.

